

# TOWARDS CONSCIOUS MANHOOD



## **An Epic Journey for Men**

**With Dr. Frank Cardelle**

We men today are at a turning point in our lives. We seem lost and confused, as the old patterns and beliefs about manhood and our place in the world are changing. What we need now are the skills and knowledge for reclaiming hidden, denied and unused capacities for being more vital and conscious in everyday affairs and relationships.

In this workshop participants will focus on the following.

- Sharing our stories of walking the male path
- Myths about manhood
- The father/son wound
- Letting go of mothers in women
- Re-finding the deeper male soul
- Reclaiming our ancestral and tribal brotherhood
- New steps to conscious manhood

Drawing from over 25 years of study, training, traveling and cross-cultural lessons: plus an extensive background and a synthesis of Humanistic, Transpersonal Psychology, both Eastern and Western modalities, and Native American tradition. The participants will be invited to co-create an atmosphere of dynamic learning, dialogue and shared life stories. Surprise, fun and laughter can also be possible. WELCOME!

**For more information:  
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