

# The Couples Journey

## Enrichment and Empowerment in Relationships



A three day workshop for married people,  
partners, lovers and friends

With Dr. Frank Cardelle

The face of the traditional male and female relationship is changing rapidly throughout the world. Divorce is more than common, roles have changed and needs and goals look quite different than they did a decade ago.

Some “couples” are welcoming these changes and others are having great difficulty. But one thing is becoming evident and sure. The coming forms of relationships between men and women speak to PARTNERSHIP.

In this workshop participants will have the opportunity to learn about methods and philosophies that have been born out of over twenty years of investigation, cross cultural lessons and “living”.

The focus will be:

- Why Relationships Are Not Working Well Anymore
- New Lessons Needed to be Learned About Relationships
- Men and Women as “whole persons”
- The Meaning and Purpose of Partnership
- From Father and Daughter, Mother and Son...to ADULT Nurturer’s, Friends and Lovers
- The Tools Needed for Healthy Relationships: i.e. Honesty, Trust, Commitment, Respect and Communication
- From Co-dependence to Inter-dependence

Drawing from over 25 years of study, training, traveling and cross-cultural lessons: plus an extensive background and a synthesis of Humanistic, Transpersonal Psychology, both Eastern and Western modalities, and Native American tradition. The participants will be invited to co-create an atmosphere of dynamic learning, dialogue and shared life stories. Surprise, fun and laughter can also be possible. WELCOME!

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