

# Four Eagles Programs

Personal and Professional Growth and Development  
With Dr. Frank Cardelle  
International Psychologist, Consultant and Author



## Presentations/Workshops/Trainings

On:

**Leadership, Team Building, Interpersonal Relationships and Empowerment**

**For: managers, psychologists, social workers and others who assist people in Changing, Healing and Development**

**As taken from the co-foreword of *Global Soul: A Call to Citizens of the Planet***

Above all Frank Cardelle and I share the conviction that no matter how grim things seem in the world today there is still hope provided each of us does our bit.

**Dr. Jane Goodall**  
**World Renowned Scientist and Humanitarian**  
**UN Messenger of Peace**

Since meeting Frank Cardelle more than twenty years ago I have always been deeply impressed through the years by his never faulting dedication to the independent investigation of truth but most importantly this was highlighted by a lifetime experience of traveling and living with our relatives on Mother Earth.

**Chief Phil Lane Jr.**  
**White Swan, Dakota Chickasaw First Nation**  
**International award winner Specialist in Human and Community Development**

**FOUR EAGLES PROGRAMS** has been born out of the twenty-two years of travel, lessons and work throughout the world of International Psychologist/Group Leader, Consultant and Author Dr. Frank Cardelle.

Its' offerings address some of the main areas of need we find today in the human community from the home to the workplace. It provides workshops and trainings in Personal and Professional Growth, Leadership, Team Building, Interpersonal Relationships and other unique workshops or presentations designed for a specific audience or need.

## **Vision and Tasks:**

- ❖ **AWAKENING:** To assist people in recovering our inborn Gifts, Capacities and Resources that lay hidden and disconnected inside our bodies, minds, emotions and life stories.
- ❖ **INSPIRATION:** To provide an Atmosphere, Context, Tools and Processes that encourage and facilitate people in reaching beyond limited patterns of learning and living.
- ❖ **CHOICE / ACTION:** To offer a more “wholistic” approach in Decision Making, Leadership, Empowerment and Relationships.
- ❖ **PERSONAL and GROUP:** To gain from the rich Knowledge and Dynamic interplay of the “Personal and Group” Dynamic. Herein, is where the building blocks of all relationships are found, i. e. Friendship, Family, Organization, Community, Country and World.

## **Principles and Tenants:**

Respect Self

Respect Others

Respect Nature

Respect Life

- ❖ Be responsible for all of our choices and actions
- ❖ Remember what we have forgotten earlier in our lives
- ❖ Be honest in all our affairs and circumstances
- ❖ Trust in the order and dynamic of life
- ❖ Be grateful for what life brings
- ❖ Be ready to learn in every day and moment of life
- ❖ Everyone is both student and teacher of life
- ❖ The heart and mind in partnership provides a deeper source of intelligence and wisdom that supports a more balanced living experience.

## **Some Final words behind the Goals and Principles of the Program offerings:**

### **Dr. Cardelle Says:**

It is time to set our priorities straight by taking the time to learn the lessons for knowing our rightful place in the world among the order of things. To make a place in our everyday routines for tasks we often overlook and forget or simply take for granted. Such as the gift of a brand new day, a birds sweet song, the fragrance of a flower fully bloomed and the rarer moment when we can look someone in the eyes and meet the joy of our own soul reflected in theirs.

It is time re-evaluate the premise that ground our ideas, values and what we wish to pursue in our lives. To get back to the simpler tasks and things that bring more substance and meaning to our earthly sojourn. Then by getting closer to the roots of our existence, we will uncover again, both the mysterious and the not so mysterious and the deeper levels of the human experience, that once again reminds us that so much of what we are seeking that slips through our fingers grasp over and over, has always been with us and right in front of our noses, we have just become too staid, pre-occupied and blind to see it.

**Voices from others who have had an influence on the programs development:**

**If you want the world to become more loving and compassionate become more loving and compassionate yourself. If you want less fear to be in the world diminish your own. These are the gifts we can bring.**

**Gary Zukav**

**We need to take care of our own broken hearts in the midst of a broken hearted world.**

**Mariam Greenspan**

**No creature can fly with only one wing. Great Leadership occurs when head and heart meet.**

**Daniel Goldman**

**Be a model of what you wish to see happen. Everyone needs Love, Support, Trust and Acknowledgement. Ask yourself, what of these things do you bring to your relationships.**

**W. B Turner**

**We are asked by life not to do great things with love, but little things with great love.**

**Mother Teresa**