

SHADOW INTO LIGHT

WHEN we can choose consciously to be in this world... befriend our shadowed fears... let die archaic habits and wishes... find the challenges through lessons that life brings... speak honestly in all relationships and circumstances.

FILL up our circles with more creative possibilities that empower and heal... and forgive both ourselves and others for pain we've caused...

ONLY then are we ready to leave the darkness and move towards the light, our destiny and missions and take their lead.